

What color is my gratitude? Pink!

Most days, I remember how lucky I am: I'm healthy (knock wood), happy (surrounded by people I love) and busy (challenged and rewarded). On other days—when I'm stuck in traffic, or I can't bike because it's raining, or I feel a couple of extra pounds on my hips—I remind myself, Be grateful! And show it! This month, I'll be wearing pink to raise awareness and funds to fight breast cancer, in honor of friends who've survived (heroes, all) and one who didn't (a shooting star). Join me by staying healthy (turn to our prevention guide, on page 123), shopping for the cause (starting right here!) and thinking pink. It makes a difference, I promise.



Chari-tee
Pink Pony Hop Tee, \$98; Ralph Lauren.com. 10% benefits to the Keep a Breast Foundation.

If you're feeling... *like me!*
sparty



Serve it up
Hope racket \$30, and bag, \$40; WilsonTennis.com. 1% of all net Wilson sales goes to the Breast Cancer Research Foundation.



Sleek shades
Commit sunglasses, \$160; Oakley.com. \$20 helps the Young Survival Coalition.



Health kick
Emergen-C Pink packets, \$11 for 30; EmergenC.com. 20¢ goes to the Keep a Breast Foundation.

Quick fuel
Nutrition bars, \$1; LunaBar.com. 1% of net sales supports the Breast Cancer Fund.



Goooal!
Project Pink soccer ball, \$20; wps.pumafootball.com/projectpink. 100% aids breast cancer research.



Shock blocker
OtterBox BlackBerry case, \$32; MyGearStore.com. 10% helps the Avon Breast Cancer Crusade.

Stat tracker
New Balance HRT Fit watch, \$55; NBWebExpress.com. 5% benefits Susan G. Komen for the Cure.



Top pick
Ellsworth Project Pink tank, \$60; EllsworthBikes.com. 20% benefits breast cancer research.



Smoothie sailing
Odwalla Pink Poetry Superfood, \$3; natural food stores. \$25,000 supports BCRF.

Hit the half-pipe
K2 GB Pop snowboard, \$500; K2Snowboarding.com. \$75,000 benefits BCRF.



Primp post-sweat
Sonia Kashuk Circle Around a Cause Travel Brush Set, \$22; Target. 15% supports BCRF.

Show some leg
Escape shorts, \$30; UnderArmour.com. 10% goes to various breast cancer charities.



Groovy gym wear
ZigPulse sneakers, \$99; Reebok.com. Up to \$750,000 aids Avon BCC.



Turn the page for more goodies!